



VIRTUAL VILLAGE VISION

Edition 16
SEPTEMBER 2020

MESSAGE FROM MARILYN

VillagesOKC is alive and well!



More than 100 virtual neighbors are Learning, Planning and Serving. As member Dick Baze stated, "VillagesOKC is not a place, it's a happening." The neighborly meet ups are happening all over Greater Oklahoma City through the remainder of the 2020 and all through 2021.

The big event for September is the 2020 Village-Versary Party, Friday, September 25 at 6:00 pm. Your invitation is in the mail. Make your reservation; seating is limited!

Opportunities include Monthly Coffees, MindRAMP Elective Classes and Money Matters – all available virtually and in person in the VillagesOKC classroom. Although there is no fee, registration is required through 405.990.6637 or info@VillagesOKC.org. Pickleball is happening every day. The popular HeShed is a men's "fix-it" group who meet every Friday. Call the office or check the online calendar for times, locations and zoom informations.

The GIFT is a four-week interactive workshop guiding participants through 12 key areas most impacted in a transition. Participants learn time-saving techniques, providing rapid access to key information when needed. Attendees receive the exclusive VillagesOKC GIFT Binder to keep, a trusted network of professionals with resources, and a safe and confidential environment providing support, encouragement and direction. Two (2) classes are scheduled for September, two (2) for October and two (2) for November.



See what past Attendees say:

It has been said, "Sometimes, we don't know what we don't know, until we know". That is how I feel about my experience with the GIFT. The information covered concisely in the GIFT workshops encouraged me to have strategic conversations with my spouse, which led to even more strategic conversations and education related to future retirement planning. The information has been critical to our life planning as we look to our future together. My husband recently faced a major surgery and was able to face it with greater peace of mind due to the critical work he had completed prior to that surgery. I believe that the tag line for the GIFT should be "Greater Peace of Mind" because that is what is achieved by working through the Gift modules (sessions).

**Be prepared! EVERY VILLAGE MEMBER will want to enroll in one of these 4-week GIFT classes this fall.
Call 405.990.6637 today.**

VILLAGESOKC SEPTEMBER SCHEDULE

For the most up-to-date information, please check the VillagesOKC online calendar with this link:

<https://villagesokc.helpfulvillage.com/events>

- Pickleball – Mondays and Wednesdays – Jackie Cooper Gym, 1024 E Main St, Yukon – 9:30-11:30am
Tuesday and Thursday – Yukon Community Center, 2200 S Holly Ave, Yukon – 11:00-1:00pm
(Masks are required at both locations)
- Fridays in September 2020 – He Shed at Fred Wettengel’s house – See event description below.
- Tuesdays in September – Women’s Coffee – 10:00am (in person at the office or online)
Register in advance for this meeting:
<https://zoom.us/meeting/register/tZ0qdOmqrDkrXyc255I2IKChWEeK4LENNw>
(After registering, you will receive a confirmation email containing information about joining the meeting.)
- Thursday, September 3, 2020 – MindRamp Elective – 1:00pm (in person at the office or online)
My Love Affair with the Brain – Documentary of Marion Diamond, PhD.
Register in advance for this meeting:
<https://zoom.us/meeting/register/tJAqf-yoqDIqEtEVuoYVWdm42LNwp-cPRiJr>
(After registering, you will receive a confirmation email containing information about joining the meeting.)
- Tuesday, September 8, 2020 – Money Matters with Thrivent – Hosted by: Scott & Preston Schaefer – 1:00pm
Topic: Navigating Market Fluctuation and High Yield Online – Guest Commentator: Valliance Bank
Register in advance for this meeting:
<https://zoom.us/meeting/register/tJcpcfuygqT4vHdWi1tdE6YwMDsR7BDff6hoh>
(After registering, you will receive a confirmation email containing information about joining the meeting.)
- Thursday, September 10, 2020 – Senior Living Truth Series – The Truth About Covid 19 in Oklahoma – 10:00am
Please register at the number below or with the link provided.
RSVP: 405-563-7501 or www.seniorlivingtruthseries.com
- Saturday, September 19, 2020 – July Gathering @ Johnnie’s Charcoal Broiler – 12:30-2:30pm
6629 NW Expressway, OKC
- Wednesday, September 23, 2020 – Take a Virtual Vacation!
Explore The Christmas Markets Through Europe – 10:00am
Hosted by VillagesOKC member, Marcie Murphy with Cruise Planners/AmaWaterways Travels
<https://attendee.gotowebinar.com/register/51231053991477517>
- Friday, September 25, 2020 – VillagesOKC Anniversary Party – 6:00-8:00pm
Cole Community Center 4400 NW Expressway – \$15 in advance. Call 405.990.6637 for information.
- Wednesday, September 30, 2020 – Instagram & Facebook Safety & Security Zoom Clsss – 1:00pm
See event description below.
https://zoom.us/meeting/register/tJUtd-GgrTljEtyNA_jueUBmDodu4wJFeXEO
(After registering, you will receive a confirmation email containing information about joining the meeting.)

MEN'S HE SHED



Pictured: Dan & Fred, working on various projects in the garage of Fred & Carolyn Wettengel.

Fridays in September – from 10:00-11:30am

Fred Wettengel has opened his garage for a “He Shed”. If you have a project you’ve been working on or you want to start repairing a broken item, we have the spot for you! Due to the pandemic, this is a limited number event. It is open to the first 7 VillagesOKC men that contact the office.

Please call to reserve your spot and get the address!
Please remember to grab a mask before you head to the He Shed!

SOCIAL MEDIA 101 – CLASS 2 – SAFETY & SECURITY

Wednesday, September 30, 2020 – 1:00pm

https://zoom.us/meeting/register/tJUtd-GgrTijEtyNA_jueUBmDodu4wJFeXEO

(After registering, you will receive a confirmation email containing information about joining the meeting.)

Concerned about safety and security of your Facebook or Instagram account? Keri can help you feel safe and savvy on social media. During this zoom class, you will learn how to make your accounts private, blocking unwanted requests or messages. You will learn how to unfollow pages and how to avoid unwanted followers.

Email KeriSapcut@villagesokc.org in advance with specific questions. This class will give you confidence to follow VillagesOKC and share all the fun! Don’t have a Facebook or Instagram account but want one? Join the zoom class; take advantage of this great class.

ATTEND THE VILLAGES NATIONAL CONFERENCE



As a member of VillagesOKC YOU HAVE AN OPPORTUNITY TO VIRTUALLY ATTEND this year’s national conference.

The National Virtual Village Gathering - 20/20: Clear Vision for the Future: October 6, October 13, and October 20, 2020. Attend all three days or just one. Registration is only \$40 to link in at your at home or view from the VillagesOKC classroom at no cost. Call Keri for more information.

GAYLENE STILES GOES FOR GRANTS

On most Tuesdays, Gaylene Stiles is volunteering in the office using her skills applying for funding allowing VillagesOKC future growth. As a long time Mercy employee, her experience and contacts add value to the organization. She says, “I enjoy using the skills I developed over a lifetime. But also having the flexibility to enjoy the world’s cutest grandchildren as well as sewing and cooking all the other days.” There’s a meaningful volunteering opportunity for every Village member.



WILLING TO BE INTERVIEWED?



One of our many strong sponsors is the Oklahoma Senior Journal and OSJ Radio show which airs on HANK FM every Saturday.

Robin Gunn, Host of the OSJ and is a VillagesOKC loves promoting seniors. Now every quarter two VillagesOKC members will be part of her pre-recorded radio show, responding to interview questions, or sharing how the organization has been a resource for them. Be ready to say yes or better yet, call Keri in the office to put your name on the list.

BIRTHDAYS ARE SPECIAL

Beverly Morgan's passion is making people feel important. When she joined VillagesOKC she said, "I want to take the lead on remembering birthdays". She's now called most of the more than 100 members to get their birthdates (not the year) and organizing ways to reach out on this special day.

Beverly is a good example of members who are willing to do one part to build a great organization. Thanks Beverly!

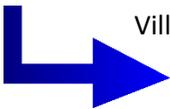


CONNECT TO A FRIEND



For mental and physical health, it is important to reach out and stay connected. VillagesOKC members are making phone calls to members to inform, invite, and just visit. We call these buddy checks. You can help keep our members connected by offering to make a few friendly calls from your home each month. A friendly call from someone offering to meet them at Gathering or tell them about the HeShed or even about the upcoming MindRAMP class, can make someone's day brighter. Let the office know if you'd be willing.

LET KERI KNOW



VillagesOKC wants to keep up with you and see all the fun and exciting things you are doing. Please let Keri know what you're up to by sending pictures of your adventures. Pictures can be sent to info@villagesokc.org or text 405.990.6637.

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CONTACTING VILLAGESOKC

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For the most up to date information on current events, please visit our website, villagesokc.org and check out the calendar! New events are added daily!